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A Father's Role

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Take Time to Be A Dad Today



Challenge Gender Norms

- Explore/acknowledge our own lived experiences with gender norms and expectations.
- Pass on healthy and positive lessons from your childhood.
- Challenge gender norms.
- Hold ourselves and others accountable.



Practice Communication Skills

- Have ongoing open, honest conversations with your partner and children.
- Discuss expectations, roles, and responsibilities.
- Build emotional intelligence.
- Use non-violent communication.
- Access mental healthcare.



Be a Role Model and Mentor

- Seek out mentors.
- Be a role model for your children and other fathers.
- Share your fathering successes and failures.
- Mentor other fathers.
- Find a community of fathers.



Promote Gender Equity

- Work to dismantle harmful notions of masculinity.
- Practice allyship with girls and women.
- Take collective action.
- Seek ongoing education and self-reflection.
- Join networks like the TX Men SPEAK and NAMEN.



Best Practices for Fatherhood Engagement

- Challenge Gender Norms
- Practice Communication Skills
- Be a Role Model and Mentor
- Promote Gender Equity



Engaging Fathers: Books

~~Help w/ Homework~~

~~Cook Dinner~~

~~Provide for Family~~

~~Laundry~~

~~Groceries~~

~~Role Model Equity~~

~~Repair Airt~~

~~Allow Vulnerability~~

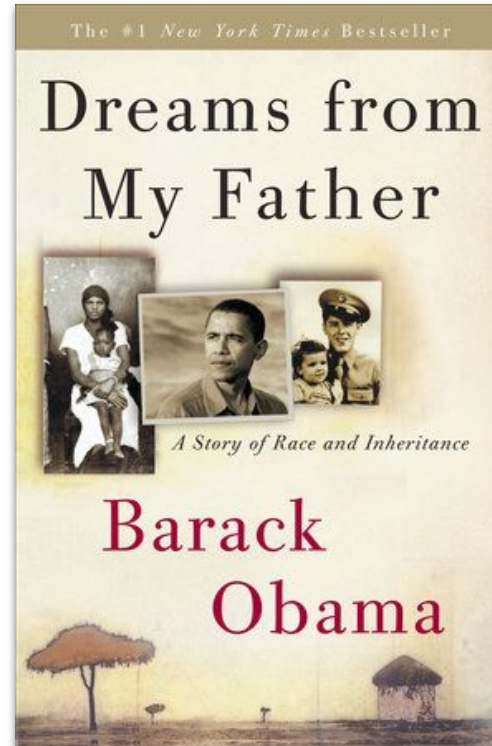
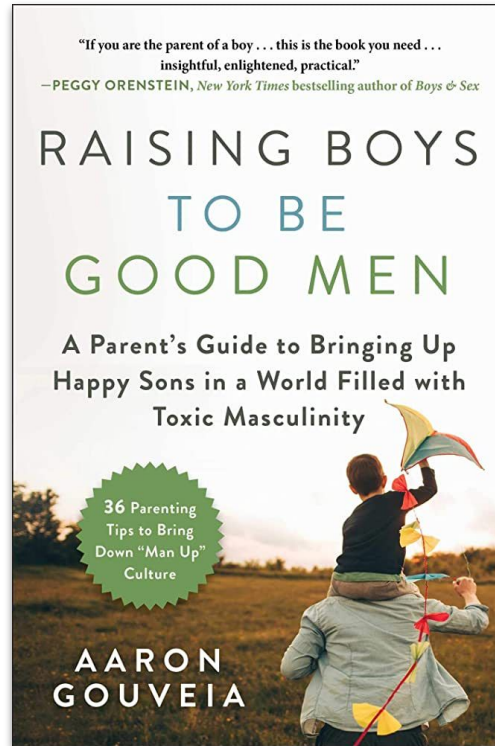
Equal Partners

**Improving Gender
Equality at Home**

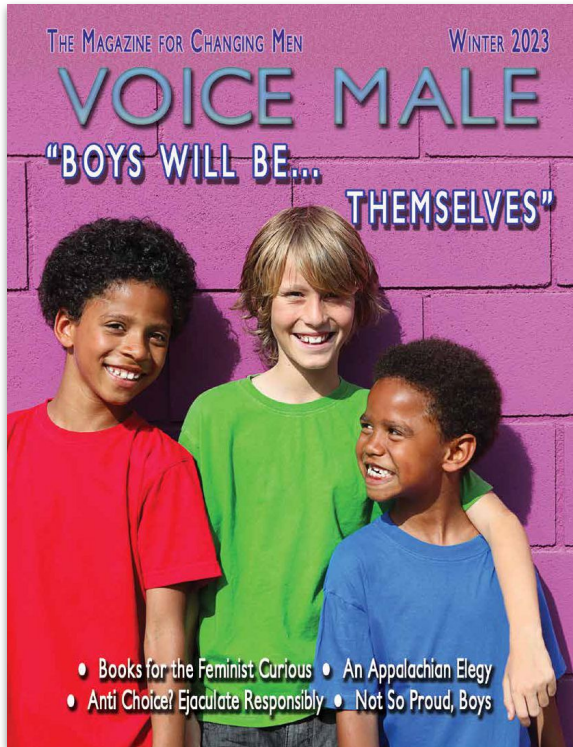
Kate Mangino

~~Walk the Dog~~

~~Be Authentic~~



Engaging Fathers: Media



LATINX PARENTING

THE BROWN FATHERHOOD SERIES PANEL

LIVE-STREAMED EVENT

HOSTED BY INTERVIEWED BY GUESTS

LESLIE PRISCILLA
@latinxparenting

JUAN CARLOS DE LA ROSA
@themodernmacho

FERNANDO DELGADO
@fernando.deveras

JOE CASAS
@joemcasas

ALEX FLORES
@yosoyalexflo

JOHNATHAN HERNANDEZ
@hernandez4santaana

Engaging Fathers: Podcasts



Engaging Fathers: Organizations





Thank You!

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